



Yahad (יחד) for Children and Families

A single session, 2 hour, group program for children (ages 5-12) and their parents to come together and explore the impact of the crisis in Israel on their lives. Contains a concurrent children group and parent's group.

The Children's Group:

Trained facilitators will use various activities to help your children talk about their experiences, their questions, and the ways they can continue to engage in healthy coping.

The Parent's Group:

Trained facilitators will explore, through conversation and resources, how parents (like yourselves) can navigate this difficult time while also supporting and protecting their children.

Expect conversation, community, and chances to learn something new!

When: December 17, 2023 from 9:30-11:30 AM

To register: contact **Sarah Karesa**,
Counselling Program Manager at
Jewish Family Services

(780)454-1194 ext. 240 sarahk@jfse.org

